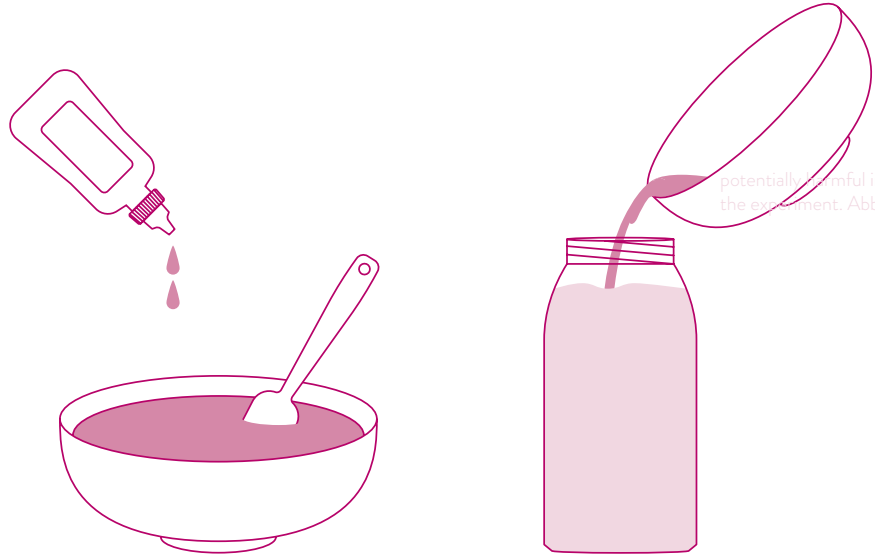


# How to make a LAVA LAMP

## LIST OF MATERIALS

- 10 OZ CLEAR PLASTIC BOTTLE
- MINERAL OIL/BABY OIL/VEGETABLE OIL CAN BE USED, BUT CLEAR OIL IS MORE DESIRABLE
- FOOD COLORING
- ALKA-SELTZER ORIGINAL TABLETS



- 1 Fill a plastic bottle two-thirds full of oil.
- 2 In a separate container, mix food coloring with one cup of water until you achieve the desired color.
- 3 Add the colored water to the plastic bottle; be sure to leave some air space at the top (do not shake).
- 4 Break an Alka-Seltzer® Original tablet into four pieces and drop one or two pieces into the bottle at a time.
- 5 After bubbling has completely stopped, cap the bottle until the next use.